

Praying the Lord's Prayer

Matthew 6:9-13



Believe as you pray...

“Our Father which art in heaven, Hallowed be Thy name.”

- Begin with acknowledging God as our Father, **understanding** that as a good Dad cares for his children, so our God cares for us. 1 Peter 5:7.
- Praise and worship Him! **Sing to Him.** Psalm 100:2 and 150:6.
- Repeat verses that praise the Lord and tell how great He is like, “O, LORD, our Lord, your majestic name fills the earth! Your glory is higher than the heavens.” Psalm 8:1 NLT.
- Exalt the name of Jesus. Philippians 2:10-11.

“Thy kingdom come. Thy will be done in earth, as it is in heaven.”

- Ask the Lord to let His kingdom come to earth - in our families, churches, and nations.

- Recognize that **the kingdom is in power** as it says in Luke 11:20 and 1 Corinthians 4:20.
- Say, *Lord, do Your will **in me***, in my family (spouse, children, parents, etc).
- Pray for transformation. Say, *Lord, do Your transformation in me and in us*. Pray this for your family, your church, your neighbourhood, and everywhere in the earth. Declare, *Let there be transformation, let there be **revival***.
- Know the power and ability of God to change things! Philippians 2:13.
- Pray for Leadership: church, civic, and political leadership.

“Give us this day our daily bread.”

- Pray for your needs. Tell the Father your troubles, concerns, and everything you need. He hears. He will respond. Believe. Trust Him.
- Bring the needs of other people to the Lord. Pray for their needs. Ask Him to help them.
- Ask the Lord to help you to understand the Bible when you read it. The Word of God is spiritual food. It is to nourish us and restore us. It is our daily bread spiritually. **Read the Word.**

“And forgive us our debts, as we forgive our debtors.”

- The language here is important. When we get angry with others who have offended us, we want payback. It is like they owe us. And the Lord Jesus is saying, “Forgive them what they owe.” Sometimes, they will not even say they are sorry, but we still must

forgive. Forgiveness is so important that Jesus spoke of it at the end of teaching us how to pray. Matthew 6:14-15. **We must understand this truth that we will not be forgiven if we will not forgive.**

- As we forgive people who have offended or hurt us, we are being like our Father. He is good to all - even evil people. The goodness of God might lead them to repentance. When we forgive others, we allow ourselves to experience true freedom. Pray and ask the Lord to help you to forgive others who have hurt you. Pray sincerely that The Lord will forgive them. Luke 6:28.

“And lead us not into temptation, but deliver us from evil...”

- Ask the Lord to help you not to fall into temptation. This is what the verse is saying. The Lord Jesus told the disciples to **pray that they would not enter into temptation.** Matthew 26:41; Luke 22:46. Prayer keeps us from becoming weak and committing sin.
- Ask for deliverance from the traps of the evil one. The enemy of our souls is the devil. He accuses us day and night. Do not believe lies he suggests about you or about God. He is a slanderer. Pray. Read the Bible. Believe the word of God and speak it when faced with temptation.
- Resist the devil and he will run away from you. James 4:7. That means to oppose him. When you are tempted, **oppose.** Say no. Say, “I cast down imaginations, and everything that exalts itself against the knowledge of God, and I bring into captivity every thought to the obedience of Christ.” 2 Corinthians 10:3-5. **Ask the Lord to help you overcome the enemy.**

“For thine is the kingdom, and the power, and the glory, for ever. Amen.”

- Give God praise and glory at the ending of your prayer. **HE IS WORTHY.**
- Again, use verses from the Bible to declare how great He is. Many are in the Book of Psalms. Psalm 8, 18, 19, 95, 105, 136, 149, 150, and more. Read aloud to the Lord!

Psalm 92:1 says, **“It is a good thing to give thanks unto the LORD, and to sing praises unto thy name, O Most High.”**

Note:

Remember that prayer is a discipline. This prayer the Lord gave us is the most comprehensive of all prayers. If we are consistent to practise this way of praying, we will begin to see it is highly effective.